

New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

January 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	05:31	1.8	9	00:17	1.8	17	00:39	0.5	25	00:22	1.8
	11:33	0.5		06:15	0.3		07:09	1.7		06:25	0.4
Th	17:47	1.9	Fr	12:41	1.9	Sa	13:07	0.6	Su	12:48	1.9
				18:52	0.4		19:11	1.7		18:59	0.3
2	00:05	0.2	10	01:05	1.8	18	01:25	0.5	26	01:11	1.8
	06:34	1.9		07:04	0.4		07:54	1.7		07:15	0.4
Fr	12:37	0.4	Sa	13:27	1.9	Su	13:53	0.6	Mo	13:35	1.9
	18:49	1.9		19:40	0.4		19:58	1.7		19:49	0.3
3	01:04	0.2	11	01:54	1.7	19	02:08	0.4	27	02:04	1.8
	07:33	1.9		07:53	0.5		08:37	1.8		08:09	0.5
Sa	13:37	0.4	Su	14:13	1.8	Mo	14:37	0.6	Tu	14:27	1.9
	19:50	1.9		20:27	0.5		20:44	1.7		20:43	0.3
4	02:01	0.2	12	02:45	1.7	20	02:49	0.4	28	03:03	1.8
	08:30	2.0		08:44	0.6		09:18	1.8		09:08	0.5
Su	14:36	0.3	Mo	15:00	1.7	Tu	15:20	0.5	We	15:23	1.8
	20:48	1.9		21:16	0.5		21:27	1.8		21:41	0.4
5	02:55	0.1	13	03:38	1.6	21	03:31	0.4	29	04:07	1.8
	09:24	2.0		09:36	0.6		09:59	1.9		10:11	0.5
Mo	15:31	0.3	Tu	15:48	1.7	We	16:02	0.4	Th	16:25	1.8
	21:44	1.9		22:07	0.5		22:10	1.8		22:43	0.3
6	03:47	0.1	14	04:33	1.6	22	04:12	0.3	30	05:13	1.8
	10:16	2.1		10:31	0.7		10:40	1.9		11:17	0.5
Tu	16:24	0.3	We	16:38	1.7	Th	16:45	0.4	Fr	17:30	1.8
	22:36	1.9		22:59	0.5		22:53	1.8		23:46	0.3
7	04:38	0.2	15	05:28	1.6	23	04:54	0.3	31	06:17	1.9
	11:06	2.0		11:25	0.7		11:21	1.9		12:22	0.5
We	17:15	0.3	Th	17:29	1.6	Fr	17:28	0.4	Sa	18:35	1.8
	23:27	1.9		23:50	0.5		23:36	1.8			
8	05:27	0.2	16	06:20	1.7	24	05:38	0.3			
	11:55	2.0		12:18	0.7		12:04	1.9			
Th	18:05	0.3	Fr	18:21	1.6	Sa	18:13	0.3			

Times listed are N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

February 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	00:47	0.3	9	01:18	1.8	17	01:36	0.5	25	01:49	1.9
	07:17	1.9		07:17	0.5		08:04	1.8		07:54	0.5
Su	13:23	0.4	Mo	13:32	1.8	Tu	14:06	0.5	We	14:10	1.9
	19:37	1.9		19:45	0.5		20:16	1.8		20:23	0.4
2	01:44	0.3	10	02:04	1.7	18	02:20	0.4	26	02:49	1.8
	08:14	2.0		08:04	0.6		08:48	1.9		08:54	0.5
Mo	14:20	0.4	Tu	14:16	1.7	We	14:51	0.5	Th	15:09	1.8
	20:34	1.9		20:30	0.5		21:02	1.8		21:22	0.4
3	02:38	0.2	11	02:54	1.7	19	03:04	0.4	27	03:54	1.8
	09:06	2.0		08:54	0.7		09:30	1.9		09:59	0.5
Tu	15:14	0.3	We	15:02	1.7	Th	15:35	0.4	Fr	16:13	1.8
	21:27	1.9		21:19	0.6		21:46	1.9		22:26	0.4
4	03:29	0.2	12	03:48	1.6	20	03:48	0.3	28	04:59	1.8
	09:55	2.0		09:47	0.7		10:13	2.0		11:04	0.5
We	16:04	0.3	Th	15:53	1.6	Fr	16:19	0.3	Sa	17:19	1.8
	22:17	1.9		22:12	0.6		22:31	1.9		23:29	0.4
5	04:17	0.3	13	04:44	1.6	21	04:33	0.3			
	10:42	2.0		10:43	0.7		10:56	2.0			
Th	16:51	0.3	Fr	16:48	1.6	Sa	17:04	0.3			
	23:04	1.9		23:06	0.6		23:17	1.9			
6	05:03	0.3	14	05:40	1.7	22	05:19	0.3			
	11:26	2.0		11:38	0.7		11:41	2.0			
Fr	17:36	0.3	Sa	17:43	1.6	Su	17:50	0.3			
	23:49	1.9									
7	05:48	0.4	15	00:00	0.6	23	00:04	1.9			
	12:09	1.9		06:32	1.7		06:08	0.4			
Sa	18:19	0.4	Su	12:31	0.7	Mo	12:27	2.0			
				18:38	1.7		18:38	0.3			
8	00:33	1.8	16	00:49	0.5	24	00:55	1.9			
	06:32	0.4		07:19	1.8		06:59	0.4			
Su	12:51	1.9	Mo	13:20	0.6	Tu	13:17	1.9			
	19:02	0.4		19:28	1.7		19:29	0.3			

Times listed are N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

March 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	06:02	1.9	9	00:00	1.9	17	00:11	0.6	25	00:41	2.0
	12:08	0.5		06:01	0.5		06:39	1.8		06:47	0.4
Su	18:23	1.8	Mo	12:14	1.8	Tu	12:43	0.6	We	13:03	1.9
				18:24	0.4		18:56	1.7		19:11	0.3
2	00:31	0.4	10	00:42	1.8	18	01:01	0.5	26	01:38	1.9
	07:00	1.9		06:43	0.6		07:27	1.8		07:44	0.5
Mo	13:08	0.4	Tu	12:54	1.8	We	13:32	0.5	Th	13:59	1.9
	19:23	1.8		19:04	0.5		19:46	1.8		20:07	0.4
3	01:27	0.3	11	01:25	1.8	19	01:49	0.4	27	02:38	1.9
	07:54	2.0		07:28	0.6		08:13	1.9		08:45	0.5
Tu	14:02	0.4	We	13:36	1.7	Th	14:19	0.4	Fr	15:00	1.8
	20:18	1.9		19:47	0.6		20:34	1.9		21:07	0.4
4	02:20	0.3	12	02:13	1.7	20	02:37	0.4	28	03:41	1.9
	08:44	2.0		08:15	0.7		08:59	2.0		09:48	0.5
We	14:53	0.4	Th	14:22	1.7	Fr	15:06	0.3	Sa	16:04	1.8
	21:08	1.9		20:34	0.6		21:22	2.0		22:10	0.5
5	03:08	0.3	13	03:05	1.7	21	03:24	0.3	29	04:43	1.9
	09:30	2.0		09:07	0.7		09:45	2.0		10:51	0.5
Th	15:39	0.3	Fr	15:13	1.6	Sa	15:53	0.3	Su	17:08	1.8
	21:54	1.9		21:26	0.6		22:09	2.0		23:13	0.5
6	03:54	0.3	14	04:01	1.7	22	04:12	0.3	30	05:43	1.9
	10:14	2.0		10:01	0.7		10:32	2.0		11:52	0.5
Fr	16:23	0.3	Sa	16:08	1.6	Su	16:40	0.2	Mo	18:10	1.8
	22:37	1.9		22:22	0.6		22:58	2.0			
7	04:37	0.4	15	04:56	1.7	23	05:01	0.3	31	00:13	0.5
	10:55	1.9		10:57	0.7		11:20	2.0		06:38	1.9
Sa	17:04	0.4	Su	17:06	1.6	Mo	17:28	0.2	Tu	12:48	0.5
	23:19	1.9		23:18	0.6		23:48	2.0		19:06	1.8
8	05:19	0.4	16	05:49	1.7	24	05:53	0.3			
	11:35	1.9		11:51	0.7		12:10	2.0			
Su	17:44	0.4	Mo	18:02	1.7	Tu	18:18	0.3			

Times listed are N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

April 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	01:08	0.4	9	05:56	0.6	17	00:18	0.4	25	01:24	1.9
	07:29	1.9		12:02	1.7		06:37	1.9		07:33	0.5
We	13:40	0.4	Th	18:09	0.6	Fr	12:48	0.3	Sa	13:49	1.8
	19:58	1.9					19:07	2.0		19:51	0.4
2	01:58	0.4	10	00:37	1.7	18	01:09	0.4	26	02:24	1.9
	08:17	1.9		06:42	0.7		07:27	2.0		08:34	0.5
Th	14:27	0.4	Fr	12:47	1.7	Sa	13:38	0.3	Su	14:51	1.8
	20:45	1.9		18:55	0.6		19:58	2.0		20:53	0.5
3	02:45	0.4	11	01:27	1.7	19	02:01	0.3	27	03:22	1.9
	09:01	1.9		07:31	0.7		08:18	2.0		09:33	0.5
Fr	15:11	0.4	Sa	13:37	1.7	Su	14:28	0.2	Mo	15:52	1.8
	21:28	1.9		19:46	0.6		20:49	2.1		21:54	0.5
4	03:28	0.4	12	02:19	1.7	20	02:52	0.3	28	04:18	1.9
	09:42	1.9		08:24	0.7		09:09	2.0		10:30	0.5
Sa	15:52	0.4	Su	14:32	1.6	Mo	15:18	0.2	Tu	16:51	1.8
	22:09	1.9		20:40	0.6		21:40	2.1		22:51	0.5
5	03:10	0.5	13	03:13	1.7	21	03:45	0.3	29	05:11	1.9
	09:22	1.9		09:18	0.7		10:01	2.0		11:24	0.5
Su	15:31	0.4	Mo	15:29	1.7	Tu	16:08	0.2	We	17:44	1.8
	21:49	1.9		21:36	0.6		22:33	2.1		23:45	0.5
6	03:51	0.5	14	04:05	1.8	22	04:39	0.3	30	06:00	1.9
	10:01	1.8		10:12	0.6		10:55	2.0		12:13	0.4
Mo	16:09	0.4	Tu	16:26	1.7	We	17:01	0.2	Th	18:33	1.9
	22:29	1.9		22:32	0.6		23:28	2.0			
7	04:31	0.5	15	04:57	1.8	23	05:35	0.4			
	10:40	1.8		11:05	0.5		11:50	1.9			
Tu	16:48	0.5	We	17:22	1.8	Th	17:55	0.3			
	23:09	1.8		23:26	0.5						
8	05:12	0.6	16	05:47	1.9	24	00:25	2.0			
	11:19	1.8		11:57	0.4		06:33	0.4			
We	17:27	0.5	Th	18:15	1.9	Fr	12:48	1.9			
	23:52	1.8					18:51	0.4			

Times shown in bold have been adjusted for N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

May 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	00:33	0.5	9	00:06	1.8	17	00:44	0.4	25	02:01	1.9
Fr	06:46	1.9	Sa	06:12	0.6	Su	06:59	2.0	Mo	08:12	0.4
	12:58	0.4		12:17	1.7		13:11	0.2		14:31	1.8
	19:18	1.9		18:22	0.6		19:35	2.0		20:30	0.5
2	01:19	0.5	10	00:52	1.8	18	01:39	0.3	26	02:55	1.9
Sa	07:29	1.8	Su	06:59	0.6	Mo	07:54	2.0	Tu	09:08	0.5
	13:41	0.4		13:06	1.7		14:04	0.2		15:29	1.8
	20:01	1.9		19:10	0.6		20:29	2.1		21:29	0.5
3	02:02	0.5	11	01:41	1.8	19	02:35	0.3	27	03:48	1.8
Su	08:10	1.8	Mo	07:49	0.6	Tu	08:49	2.0	We	10:02	0.5
	14:21	0.4		13:58	1.7		14:57	0.1		16:25	1.8
	20:41	1.9		20:03	0.6		21:23	2.1		22:24	0.6
4	02:43	0.5	12	02:31	1.8	20	03:30	0.3	28	04:38	1.8
Mo	08:50	1.8	Tu	08:41	0.6	We	09:44	2.0	Th	10:54	0.5
	14:59	0.4		14:54	1.7		15:50	0.2		17:17	1.8
	21:21	1.9		20:59	0.6		22:18	2.1		23:17	0.6
5	03:23	0.5	13	03:23	1.8	21	04:26	0.3	29	05:27	1.8
Tu	09:30	1.8	We	09:35	0.5	Th	10:40	2.0	Fr	11:42	0.5
	15:37	0.4		15:51	1.7		16:43	0.2		18:05	1.8
	22:00	1.9		21:56	0.5		23:13	2.1			
6	04:04	0.6	14	04:16	1.8	22	05:22	0.3	30	00:06	0.6
We	10:09	1.8	Th	10:29	0.4	Fr	11:37	1.9	Sa	06:13	1.8
	16:15	0.5		16:49	1.8		17:38	0.3		12:28	0.4
	22:40	1.8		22:52	0.5					18:51	1.8
7	04:45	0.6	15	05:10	1.9	23	00:09	2.0	31	00:52	0.6
Th	10:50	1.7	Fr	11:24	0.4	Sa	06:19	0.4	Su	06:57	1.8
	16:55	0.5		17:45	1.9		12:34	1.9		13:10	0.4
	23:22	1.8		23:49	0.4		18:34	0.4		19:33	1.8
8	05:28	0.6	16	06:04	1.9	24	01:05	2.0			
Fr	11:32	1.7	Sa	12:18	0.3	Su	07:15	0.4			
	17:37	0.5		18:41	2.0		13:32	1.8			
							19:31	0.4			

Times listed are N.Z. Standard Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

June 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	01:35	0.6	9	01:06	1.8	17	02:18	0.3	25	03:12	1.8
Mo	07:40	1.8	Tu	07:17	0.5	We	08:32	2.0	Th	09:28	0.5
	13:50	0.4		13:27	1.7		14:38	0.1		15:52	1.7
	20:14	1.9		19:31	0.6		21:06	2.1		21:52	0.6
2	02:17	0.6	10	01:54	1.8	18	03:14	0.3	26	04:02	1.7
Tu	08:21	1.8	We	08:08	0.5	Th	09:28	2.0	Fr	10:19	0.5
	14:29	0.4		14:22	1.7		15:31	0.2		16:45	1.7
	20:54	1.9		20:26	0.5		22:01	2.1		22:45	0.6
3	02:57	0.6	11	02:46	1.8	19	04:10	0.3	27	04:51	1.7
We	09:02	1.7	Th	09:01	0.4	Fr	10:24	2.0	Sa	11:09	0.5
	15:07	0.4		15:20	1.8		16:24	0.2		17:35	1.8
	21:34	1.8		21:24	0.5		22:54	2.1		23:36	0.6
4	03:38	0.6	12	03:40	1.9	20	05:04	0.3	28	05:39	1.7
Th	09:42	1.7	Fr	09:58	0.4	Sa	11:19	1.9	Su	11:56	0.5
	15:46	0.5		16:20	1.8		17:18	0.3		18:21	1.8
	22:14	1.8		22:24	0.5		23:47	2.0			
5	04:19	0.6	13	04:37	1.9	21	05:57	0.3	29	00:23	0.6
Fr	10:23	1.7	Sa	10:55	0.3	Su	12:13	1.9	Mo	06:26	1.7
	16:26	0.5		17:20	1.9		18:11	0.4		12:40	0.5
	22:55	1.8		23:24	0.4					19:06	1.8
6	05:01	0.6	14	05:36	1.9	22	00:39	2.0	30	01:08	0.6
Sa	11:06	1.7	Su	11:52	0.2	Mo	06:50	0.4	Tu	07:11	1.7
	17:07	0.5		18:19	2.0		13:08	1.8		13:21	0.4
	23:37	1.8					19:06	0.4		19:48	1.8
7	05:44	0.6	15	00:23	0.4	23	01:31	1.9			
Su	11:50	1.7	Mo	06:35	2.0	Tu	07:43	0.4			
	17:52	0.5		12:49	0.2		14:03	1.8			
				19:16	2.0		20:01	0.5			
8	00:20	1.8	16	01:21	0.3	24	02:21	1.8			
Mo	06:29	0.5	Tu	07:34	2.0	We	08:36	0.4			
	12:36	1.7		13:44	0.1		14:58	1.7			
	18:39	0.5		20:12	2.1		20:57	0.6			

Times listed are N.Z. Standard Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

July 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	01:50	0.6	9	01:23	1.8	17	02:57	0.2	25	03:22	1.7
We	07:54	1.7	Th	07:38	0.4	Fr	09:11	2.0	Sa	09:40	0.5
	14:01	0.4		13:54	1.7		15:12	0.2		16:09	1.7
	20:28	1.8		19:59	0.5		21:40	2.1		22:11	0.6
2	02:31	0.5	10	02:15	1.8	18	03:49	0.2	26	04:14	1.6
Th	08:36	1.7	Fr	08:33	0.4	Sa	10:04	2.0	Su	10:32	0.5
	14:40	0.4		14:54	1.8		16:03	0.2		17:01	1.7
	21:08	1.8		20:59	0.5		22:30	2.0		23:03	0.6
3	03:12	0.5	11	03:12	1.8	19	04:40	0.2	27	05:06	1.6
Fr	09:17	1.7	Sa	09:31	0.3	Su	10:55	1.9	Mo	11:22	0.5
	15:19	0.4		15:57	1.8		16:54	0.3		17:50	1.7
	21:47	1.8		22:01	0.5		23:19	2.0		23:53	0.6
4	03:52	0.5	12	04:13	1.8	20	05:30	0.3	28	05:56	1.6
Sa	09:58	1.7	Su	10:31	0.3	Mo	11:46	1.9	Tu	12:08	0.5
	15:59	0.4		17:00	1.9		17:44	0.4		18:36	1.8
	22:27	1.8		23:04	0.4						
5	04:33	0.5	13	05:16	1.9	21	00:07	1.9	29	00:39	0.6
Su	10:40	1.7	Mo	11:31	0.2	Tu	06:18	0.3	We	06:43	1.7
	16:41	0.4		18:00	1.9		12:37	1.8		12:52	0.5
	23:08	1.8					18:35	0.4		19:19	1.8
6	05:16	0.5	14	00:06	0.4	22	00:55	1.8	30	01:22	0.5
Mo	11:23	1.7	Tu	06:18	1.9	We	07:07	0.4	Th	07:28	1.7
	17:25	0.5		12:30	0.2		13:28	1.8		13:33	0.4
	23:50	1.8		18:58	2.0		19:27	0.5		19:59	1.8
7	06:00	0.4	15	01:05	0.3	23	01:43	1.8	31	02:03	0.5
Tu	12:09	1.7	We	07:18	1.9	Th	07:57	0.4	Fr	08:11	1.7
	18:12	0.5		13:26	0.2		14:21	1.7		14:13	0.4
				19:54	2.1		20:21	0.6		20:39	1.8
8	00:35	1.8	16	02:02	0.3	24	02:32	1.7			
We	06:47	0.4	Th	08:16	2.0	Fr	08:48	0.5			
	12:59	1.7		14:20	0.1		15:15	1.7			
	19:03	0.5		20:48	2.1		21:16	0.6			

Times listed are N.Z. Standard Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

August 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	02:44	0.4	9	02:52	1.8	17	04:12	0.2	25	04:31	1.6
Sa	08:52	1.8	Su	09:09	0.3	Mo	10:28	1.9	Tu	10:45	0.5
	14:53	0.4		15:40	1.8		16:27	0.3		17:15	1.7
	21:18	1.9		21:45	0.5		22:47	1.9		23:18	0.6
2	03:24	0.4	10	03:57	1.8	18	04:58	0.3	26	05:24	1.6
Su	09:33	1.8	Mo	10:12	0.3	Tu	11:15	1.9	We	11:34	0.5
	15:34	0.4		16:43	1.8		17:14	0.4		18:01	1.7
	21:58	1.9		22:49	0.4		23:31	1.9			
3	04:05	0.4	11	05:02	1.8	19	05:42	0.3	27	00:05	0.5
Mo	10:15	1.8	Tu	11:14	0.3	We	12:01	1.8	Th	06:14	1.6
	16:16	0.4		17:44	1.9		18:02	0.4		12:19	0.5
	22:39	1.9		23:51	0.4					18:45	1.8
4	04:48	0.3	12	06:05	1.8	20	00:16	1.8	28	00:49	0.5
Tu	10:59	1.8	We	12:13	0.2	Th	06:27	0.4	Fr	07:00	1.7
	17:01	0.4		18:41	2.0		12:49	1.7		13:02	0.4
	23:22	1.9					18:51	0.5		19:27	1.8
5	05:33	0.3	13	00:50	0.3	21	01:01	1.7	29	01:32	0.4
We	11:45	1.8	Th	07:05	1.9	Fr	07:14	0.5	Sa	07:43	1.8
	17:49	0.4		13:09	0.2		13:40	1.7		13:44	0.4
				19:35	2.0		19:42	0.6		20:07	1.9
6	00:07	1.8	14	01:45	0.2	22	01:49	1.6	30	02:13	0.4
Th	06:21	0.3	Fr	08:00	1.9	Sa	08:04	0.5	Su	08:26	1.8
	12:36	1.8		14:01	0.2		14:34	1.6		14:26	0.3
	18:41	0.5		20:26	2.0		20:37	0.6		20:48	1.9
7	00:57	1.8	15	02:36	0.2	23	02:41	1.6	31	02:55	0.3
Fr	07:12	0.3	Sa	08:51	1.9	Su	08:57	0.5	Mo	09:08	1.8
	13:33	1.8		14:52	0.2		15:30	1.6		15:09	0.3
	19:38	0.5		21:15	2.0		21:32	0.6		21:30	1.9
8	01:52	1.8	16	03:25	0.2	24	03:36	1.6			
Sa	08:08	0.3	Su	09:41	1.9	Mo	09:51	0.6			
	14:35	1.8		15:40	0.2		16:24	1.6			
	20:40	0.5		22:02	2.0		22:27	0.6			

Times listed are N.Z. Standard Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

September 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	03:38	0.3	9	04:52	1.8	17	05:05	0.3	25	05:40	1.6
	09:52	1.8		10:58	0.3		11:25	1.8		11:43	0.5
Tu	15:53	0.3	We	17:27	1.9	Th	17:28	0.5	Fr	18:07	1.8
	22:13	1.9		23:37	0.3		23:37	1.7			
2	04:22	0.2	10	05:53	1.8	18	05:47	0.4	26	00:14	0.4
	10:37	1.8		11:57	0.3		12:11	1.7		06:28	1.7
We	16:40	0.3	Th	18:22	1.9	Fr	18:14	0.5	Sa	12:29	0.4
	22:58	1.9								18:50	1.8
3	05:09	0.2	11	00:33	0.3	19	00:20	1.7	27	00:58	0.3
	11:26	1.8		06:50	1.9		06:31	0.5		08:14	1.8
Th	17:30	0.4	Fr	12:51	0.2	Sa	12:59	1.7	Su	14:14	0.3
	23:46	1.8		19:14	2.0		19:03	0.6		20:34	1.9
4	05:58	0.3	12	01:24	0.2	20	01:08	1.6	28	02:43	0.3
	12:19	1.8		07:41	1.9		07:18	0.5		08:59	1.9
Fr	18:25	0.4	Sa	13:41	0.2	Su	13:51	1.6	Mo	15:00	0.3
				20:02	2.0		19:56	0.6		21:18	1.9
5	00:38	1.8	13	02:13	0.2	21	02:00	1.6	29	03:27	0.2
	06:51	0.3		08:30	1.9		08:11	0.6		09:44	1.9
Sa	13:17	1.8	Su	14:29	0.2	Mo	14:46	1.6	Tu	15:46	0.3
	19:24	0.5		20:48	2.0		20:51	0.6		22:03	1.9
6	01:37	1.8	14	02:58	0.2	22	02:56	1.5	30	04:12	0.2
	07:49	0.3		09:15	1.9		09:06	0.6		10:31	1.9
Su	14:20	1.8	Mo	15:15	0.3	Tu	15:41	1.6	We	16:33	0.3
	20:27	0.5		21:31	1.9		21:46	0.6		22:49	1.9
7	02:40	1.7	15	03:42	0.2	23	03:54	1.5			
	08:51	0.3		09:59	1.9		10:02	0.6			
Mo	15:25	1.8	Tu	16:00	0.3	We	16:33	1.6			
	21:32	0.5		22:13	1.9		22:38	0.6			
8	03:47	1.7	16	04:23	0.3	24	04:49	1.6			
	09:56	0.3		10:42	1.8		10:54	0.5			
Tu	16:28	1.8	We	16:44	0.4	Th	17:21	1.7			
	22:36	0.4		22:55	1.8		23:27	0.5			

Times shown in bold have been adjusted for N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

October 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	04:59	0.1	9	00:19	0.3	17	00:01	1.7	25	00:36	0.4
	11:19	1.9		06:38	1.8		06:09	0.4		06:55	1.7
Th	17:23	0.3	Fr	12:38	0.3	Sa	12:35	1.7	Su	12:55	0.4
	23:38	1.9		19:00	1.9		18:41	0.5		19:13	1.8
2	05:48	0.2	10	01:12	0.3	18	00:44	1.6	26	01:25	0.3
	12:10	1.9		07:32	1.8		06:51	0.5		07:45	1.8
Fr	18:16	0.3	Sa	13:31	0.3	Su	13:21	1.7	Mo	13:45	0.3
				19:49	1.9		19:27	0.6		20:01	1.9
3	00:30	1.8	11	02:01	0.2	19	01:30	1.6	27	02:13	0.2
	06:39	0.2		08:21	1.9		07:37	0.5		08:34	1.9
Sa	13:05	1.9	Su	14:20	0.3	Mo	14:10	1.6	Tu	14:35	0.3
	19:12	0.4		20:35	1.9		20:17	0.6		20:49	1.9
4	01:26	1.8	12	02:47	0.2	20	02:20	1.5	28	03:01	0.1
	07:33	0.3		09:06	1.9		08:27	0.5		09:23	1.9
Su	14:04	1.8	Mo	15:06	0.3	Tu	15:02	1.6	We	15:25	0.3
	20:12	0.4		21:19	1.9		21:09	0.6		21:39	1.9
5	02:26	1.7	13	03:30	0.2	21	03:15	1.5	29	03:49	0.1
	08:33	0.3		09:49	1.9		09:21	0.6		10:12	2.0
Mo	15:07	1.8	Tu	15:50	0.3	We	15:55	1.6	Th	16:16	0.3
	21:15	0.4		22:00	1.8		22:02	0.6		22:30	1.9
6	03:30	1.7	14	04:11	0.2	22	04:12	1.5	30	04:39	0.1
	09:36	0.4		10:31	1.9		10:16	0.6		11:04	2.0
Tu	16:09	1.8	We	16:32	0.4	Th	16:46	1.7	Fr	17:09	0.3
	22:19	0.4		22:41	1.8		22:55	0.5		23:22	1.9
7	04:36	1.7	15	04:50	0.3	23	05:09	1.6	31	05:29	0.1
	10:40	0.4		11:11	1.8		11:11	0.5		11:57	2.0
We	17:10	1.8	Th	17:14	0.4	Fr	17:36	1.7	Sa	18:04	0.3
	23:21	0.4		23:20	1.7		23:46	0.5			
8	05:40	1.7	16	05:29	0.3	24	06:04	1.6			
	11:41	0.4		11:53	1.8		12:04	0.5			
Th	18:07	1.8	Fr	17:57	0.5	Sa	18:25	1.8			

Times listed are N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

November 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	00:17	1.8	9	01:35	0.3	17	00:57	1.6	25	01:45	0.2
	06:22	0.2		07:58	1.8		07:01	0.5		08:10	1.9
Su	12:53	1.9	Mo	13:57	0.4	Tu	13:32	1.7	We	14:12	0.3
	19:01	0.3		20:07	1.8		19:40	0.5		20:25	1.9
2	01:14	1.8	10	02:20	0.3	18	01:44	1.6	26	02:37	0.1
	07:18	0.3		08:42	1.8		07:47	0.5		09:03	2.0
Mo	13:50	1.9	Tu	14:42	0.4	We	14:19	1.7	Th	15:07	0.3
	20:00	0.4		20:50	1.8		20:29	0.5		21:19	1.9
3	02:14	1.7	11	03:02	0.3	19	02:35	1.6	27	03:29	0.1
	08:16	0.3		09:24	1.8		08:38	0.6		09:56	2.0
Tu	14:50	1.8	We	15:25	0.4	Th	15:08	1.7	Fr	16:01	0.2
	21:00	0.4		21:31	1.8		21:19	0.5		22:14	1.9
4	03:17	1.7	12	03:42	0.3	20	03:30	1.6	28	04:21	0.1
	09:18	0.4		10:05	1.8		09:33	0.6		10:49	2.0
We	15:49	1.8	Th	16:07	0.4	Fr	15:59	1.7	Sa	16:56	0.2
	22:01	0.4		22:11	1.7		22:12	0.5		23:09	1.9
5	04:20	1.7	13	04:20	0.3	21	04:28	1.6	29	05:13	0.1
	10:20	0.4		10:44	1.8		10:29	0.5		11:43	2.0
Th	16:47	1.8	Fr	16:48	0.5	Sa	16:51	1.7	Su	17:51	0.2
	23:00	0.4		22:51	1.7		23:05	0.4			
6	05:21	1.7	14	04:58	0.4	22	05:25	1.7	30	00:04	1.9
	11:20	0.4		11:24	1.8		11:26	0.5		06:06	0.2
Fr	17:41	1.8	Sa	17:29	0.5	Su	17:43	1.8	Mo	12:37	2.0
	23:56	0.3		23:31	1.7		23:59	0.3		18:47	0.3
7	06:18	1.8	15	05:37	0.4	23	06:22	1.7			
	12:17	0.4		12:05	1.8		12:22	0.4			
Sa	18:33	1.8	Su	18:11	0.5	Mo	18:37	1.8			
8	00:47	0.3	16	00:13	1.6	24	00:53	0.3			
	07:10	1.8		06:17	0.4		07:17	1.8			
Su	13:09	0.4	Mo	12:47	1.7	Tu	13:18	0.4			
	19:21	1.8		18:55	0.5		19:31	1.9			

Times listed are N.Z. Daylight Time

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New Zealand Hydrographic Authority Tide Predictions

Tauranga

Lat. 37°39'S Long. 176°11'E

December 2026

N.Z. Local Times and Heights of High and Low Waters

	Time	m		Time	m		Time	m		Time	m
1	01:00	1.8	9	01:53	0.4	17	01:12	1.6	25	02:17	0.1
	07:01	0.2		08:18	1.8		07:14	0.5		08:45	2.0
Tu	13:32	2.0	We	14:18	0.5	Th	13:41	1.8	Fr	14:50	0.3
	19:43	0.3		20:23	1.7		19:52	0.5		21:03	2.0
2	01:58	1.8	10	02:35	0.3	18	01:59	1.6	26	03:11	0.1
	07:57	0.3		09:00	1.8		08:02	0.5		09:40	2.1
We	14:27	1.9	Th	15:02	0.5	Fr	14:27	1.7	Sa	15:46	0.2
	20:39	0.3		21:05	1.7		20:41	0.5		21:59	2.0
3	02:57	1.7	11	03:15	0.3	19	02:52	1.6	27	04:04	0.1
	08:56	0.4		09:41	1.8		08:55	0.5		10:33	2.1
Th	15:23	1.8	Fr	15:44	0.5	Sa	15:16	1.7	Su	16:41	0.2
	21:36	0.4		21:46	1.7		21:33	0.4		22:54	2.0
4	03:57	1.7	12	03:53	0.4	20	03:49	1.6	28	04:56	0.1
	09:55	0.5		10:20	1.8		09:52	0.5		11:26	2.1
Fr	16:17	1.8	Sa	16:24	0.5	Su	16:09	1.8	Mo	17:35	0.2
	22:33	0.4		22:26	1.7		22:28	0.4		23:48	1.9
5	04:56	1.7	13	04:31	0.4	21	04:50	1.7	29	05:48	0.2
	10:54	0.5		10:59	1.8		10:52	0.5		12:18	2.1
Sa	17:11	1.8	Su	17:03	0.5	Mo	17:06	1.8	Tu	18:27	0.2
	23:27	0.4		23:06	1.7		23:26	0.3			
6	05:52	1.7	14	05:09	0.4	22	05:52	1.8	30	00:42	1.9
	11:51	0.5		11:38	1.8		11:53	0.5		06:41	0.2
Su	18:02	1.7	Mo	17:44	0.5	Tu	18:06	1.8	We	13:09	2.0
				23:46	1.7					19:20	0.3
7	00:19	0.4	15	05:48	0.4	23	00:24	0.3	31	01:36	1.8
	06:45	1.7		12:17	1.8		06:52	1.9		07:35	0.3
Mo	12:43	0.5	Tu	18:25	0.5	We	12:54	0.4	Th	14:00	1.9
	18:52	1.7					19:06	1.9		20:13	0.3
8	01:08	0.4	16	00:28	1.7	24	01:21	0.2			
	07:33	1.8		06:30	0.5		07:49	1.9			
Tu	13:32	0.5	We	12:58	1.8	Th	13:53	0.3			
	19:39	1.7		19:07	0.5		20:05	1.9			

Times listed are N.Z. Daylight Time

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